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NATURAL CURES FOR CONSTIPATION - CURING CONSTIPATION PERMANENTLY (PAPERBACK)

**Natural Cures for
Constipation**
Curing Constipation Permanently



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Table of Contents Introduction How Does Constipation Happen Symptoms of Constipation Reasons for Chronic Constipation Increasing your liquid intake Water Therapy Irregular Bowel Movement Habits Sedentary Lifestyles Factors Encouraging Constipation Curing Constipation Naturally Diet Ripe Guavas Carrots and Citrus Fruits Gooseberries Apples Conclusion Author Bio Publisher Introduction Constipation is one of the ailments besetting mankind down the ages....

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- Authored by Dueep Jyot Singh, Managing Director John Davidson
- Released at 2015



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Reviews

I actually started off reading this article ebook. It is written in simple phrases instead of hard to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Dessie Witting**

Absolutely among the best publication I have at any time go through. It is definitely basic but shocks from the 50 % of the book. I discovered this book from my i and dad advised this publication to find out.

-- **Solon Pacocha**

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