



Only Fear Dies: A Book of Liberation (2nd Revised edition)

By Barry Long

Barry Long Books. Paperback. Book Condition: new. BRAND NEW, Only Fear Dies: A Book of Liberation (2nd Revised edition), Barry Long, The eight essays presented in this text explain how and why unhappiness operates in us and the world at large, and says what we can do to lead a life of greater freedom. The book includes: an analysis of the way personality works, with exercises to shed negative behaviour; a radical account of how our likes and dislikes function in the psyche; tips for parents on how to stop children getting moody; a spiritual description of hell and a new perception of death and rebirth; and guidance on how to lead a more responsible life in touch with our natural wellbeing.



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