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# HEAL AND MOVE ON: SEVEN STEPS TO RECOVERING FROM A BREAK-UP



Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, Heal and Move on: Seven Steps to Recovering from a Break-Up, Andrew G. Marshall, Whether your partner left or it's you who decided to end the relationship, breaking-up is painful, difficult and sometimes overwhelming. Friends and family urge you to forget the past and reach for the future. However, it is never that simple. Before you can move on, you need to understand what went wrong, mourn the loss and, most...

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- Authored by Andrew G. Marshall
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