



### The Mad Sad Happy Book: Emotional Literacy for Preschoolers (Paperback)

By George Sachs Psyd

Sachs Center, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.From the Author: I m a child psychologist in Manhattan. One of my goals in my practice is to help children identify emotions in themselves and others. If a young child is able to do this, he or she is better able to make and keep friends, forming bonds that help them weather the inevitable storms of adolescence and beyond. In fact, leading researchers have determined that being emotionally literate not only improves a child s emotional well-being, but also improves a child s academic performance. This book is designed to foster social and emotional intelligence in your child. The first part of the book teaches different emotions, demonstrating them in the faces of the featured children. Your child is then encouraged to identify these emotions in themselves. Ask your child, when prompted, what makes them feel angry or sad, scared or happy. The answers may surprise you. Finally, a game is included that asks your child to identify the different emotions they learned, guessing with only a small part of the face revealed.



#### Reviews

Good eBook and helpful one. It really is writter in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- Romaine Rippin

The book is great and fantastic. it absolutely was writtern very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Lyda Davis II

### Other Books



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Mark Smith (illustrator). 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A #1 Best Selling Children s Book Is Now A Coloring Book! Parents and...



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Petrucci Library Press, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Liszt composed three Odes funebres between 1860 and 1866, shortly in the wake of his first 12 tone...