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Mental health. Depression

By Clinton Kelly

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 year 2013 in the subject Nursing Science, grade: B, New York
 University, language: English, abstract: According to Pooler
 (2009), depression is a form of disorder which is characterized
 by persistent feelings of worthlessness and sadness which
 makes someone lack the desire to engage in any formerly
 activity that is pleasurable. All mood disorders are
 characterized by a syndrome that include psychological like
 decreased concentration or somatic symptoms like insomnia.
 Anhedonia (depressed mood) is a prominent feature of this
 illness. Nevid (2009), adds that depression involves moods, body
 and thoughts hence cause pain for individual with the disorder
 and those who care about him or her. Mood disorders are
 classified into unipolar depressive disorders and bipolar
 disorders. The disorders are in different forms which include
 Major Depression disorder, dysthymic disorder and several
 others with different characteristics like postpartum
 depression, psychotic depression and seasonal affective
 disorder. Individuals suffering this illness have such symptoms
 like agitation, loss of interest; sleep disturbance, lack of
 concentration, low self-esteem, and a very low mood.
 Individuals under depression...



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Reviews

This book will never be straightforward to start on reading through but quite enjoyable to learn. Better then never, though i am quite late in start reading this one. Your lifestyle span will probably be convert once you complete reading this publication.

-- **Dr. Kadin Hane DVM**

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